

ESRAC

24th East Surrey Regional Anaesthesia Course

4th – 6th March 2026



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- ★ An eyes on, hands-on guide to many aspects of Regional Anaesthesia.
- ★ An amazing faculty of experienced Consultant Anaesthetists who will lecture and facilitate workshops.
- ★ Suitable for beginners and for those interested in acquiring additional knowledge in Regional Anaesthesia.

Day 1 Wed 4th March

Location: Anatomy Department
Guy's Hospital (SE1 1UL)

Cadaver Workshops

Day 2 Thurs 5th March

Location: Holiday Inn
London Gatwick (RH6 0BA)

**Ultrasound Workshop
Demonstration**

Day 3 Fri 6th March

Location: Holiday Inn
London Gatwick (RH6 0BA)

**Live Interactive Demonstration
from Theatres**

Distinguished Faculty



Dr. Morné Wolmarans

Consultant Anaesthetist
RA-UK Past President
EDRA Chairman

Dr. Maggie Holtz

Medical Director of Regional
Anaesthesia
WellStar Health Systems



Dr. Athmaja Thottungal

Consultant Anaesthetist
East Kent University
Hospital
ESRA and RAUK speaker

Dr. Arun Venkataraju

Consultant Anaesthetist
Basingstoke and North
Hampshire Hospital



Dr. Madan Narayanan

Consultant Anaesthetist
NHS Frimley Health
Foundation Trust

Dr. Luis Valdes

Consultant Anaesthetist
Vilches Hospital Costa del Sol
ESRA General Secretary



Prices

£600 3 days
£450 2 days*

* Does not include Day 1 (Cadaver Workshop)

Awaiting approval from
RCoA for 18 CPD points

Approved by **ESRA** for those
taking the **EDRA** exam



Course Directors

Dr. Venkat Duraiswamy

Consultant Anaesthetist
East Surrey Hospital

Dr. Aasifa Tredray

Consultant Anaesthetist
St George's Hospital

Testimonials

Dr Luis Valdes – ESRA General Secretary

"The course is of exceptional quality... delegates have plenty of time to perform all the scheduled blocks... live broadcast blocks were perfectly synchronised."

"It perfectly meets ESRA's learning objectives and it's a model of course to be supported and encouraged by us."

Supported by

