ESRAC

25th East Surrey Regional Anaesthesia Course

3rd – 5th March 2027

Programme

ESRAC

Wednesday 3rd March 2027

Cadaver workshops

Anatomy Department, King's College London Guy's Campus

08:30 – 09:30	Faculty registration, brief and review stations
09:30 – 09.45	Delegate registration and brief
09.45 – 10.15	**Lecture**
10:15 – 10:30	Delegates and faculty to go to stations
10:30 – 11:15	*Workshop Round 1*
11:15 – 12:00	*Workshop Round 2*
12:00 – 12:45	*Workshop Round 3*
12:45 – 13:45	**Lunch**
13:45 – 14:00	Delegates and faculty to go to stations
14:00 – 14:45	*Workshop Round 4*
14:45 – 15:30	*Workshop Round 5*
15:30 – 16:15	*Workshop Round 6*
16:15 – 16:30	Close

Station	Description	Notes
Station 1 Thorax	Paravertebral space/erector spinae muscles	Dry pro sections
Soft tissue	Needling: Thorax. ESP/PVB	Prone/soft
Station 2 Lower limb	Popliteal – Sciatic N: Common peroneal and tibial N, Nerves around the ankle	Dry pro- sections
Soft tissue	Needling: Lower Limb. Sciatic/Popliteal	Prone/soft
Station 3 Above clavicle	Nerve roots C4-T1 Brachial plexus –trunks and divisions above clavicle	Dry pro sections
Soft tissue	Needling: supraclavicular/Interscalene blocks	Supine/soft
Station 4 Below clavicle	Below clavicle- Brachial plexus: Cords and distal branches around the axilla	Dry pro section
Soft tissue	Needling: Infraclavicular/ axillary	Supine/Soft
Station 5 Pelvis/Lower limb	Fascia iliaca /femoral nerve and vessels/Adductor canal	Dry pro sections
Soft tissue	Needling: Pelvis. Femoral block/Fascia iliaca/Adductor canal	Supine/Soft
Station 6 Thorax /abdomen supine	Pecs/ Serratus anterior/ Quadratus Lumborum/Abdominal wall	Dry pro section
Soft tissue	Needling: Thorax – pec blocks/ serratus blocks/ QL/ Abdominal wall blocks	Supine/Soft

ESRAC

Thursday 4th March 2027

Ultrasound workshops

Holiday Inn, London Gatwick

08:15 – 09:00	Registration and Coffee
09:00 – 09:10	Welcome and introduction
09:10 – 09:30	**Lecture**
09:30 – 10:10	*Workshop Round 1*
10:10 – 10:50	*Workshop Round 2*
10:50 – 11:00	**Break**
11:00 – 11:40	*Workshop Round 3*
11:40 – 12:20	*Workshop Round 4*
12:20 – 13:00	*Workshop Round 5*
13:00 – 14:00	**Lunch**
14:00 – 14:40	*Workshop Round 6*
14:40 – 15:20	*Workshop Round 7*
15:20 – 15:40	**Break**
15:40 – 16:20	*Workshop Round 8*
16:20 – 17:00	*Workshop Round 9*
17:00 – 17:15	Close

Station	Description
Technology, Image Generation, Probe Handling & Needling	Only for beginners
Upper Limb (Above clavicle)	Interscalene & superior trunk
Upper Limb (Below clavicle)	Infraclavicular & supraclavicular
Upper Limb (Below clavicle)	Axillary, distal radial, medial & ulnar
Anterior Chest wall	Serratus plane, pecs and parasternal
Back	Neuroaxial, ESP & paravertebral
Abdominal wall	Rectus sheath, TAP, QLB and ilioinguinal blocks
Lower Limb 1	Femoral, FIB and PENG
Lower limb 2	Popliteal and IPACK
Lower limb 3	Adductor canal and Ankle blocks

ESRAC

Friday 5th March 2027

Live interactive video demonstrations from theatres

Holiday Inn, London Gatwick

08:30 – 08:45	Welcome and Introduction.
08:45 – 11:45	Live Interactive Demos from theatres *(includes a break)*
11:45 – 12:15	**Lecture**
12:15 – 13:15	**Lunch**
13:15 – 16:15	Live Interactive Demos from theatres *(includes a break)*
16:15 – 17:00	**Lecture**
17:00	Debrief, Feedback and Close

ESRAC

Keynote Speakers



Dr. Morné Wolmarans

Consultant Anaesthetist
RA-UK Past President
EDRA Chairman



Dr. Maria Paz Sebastian

Consultant Anaesthetist
Royal National Orthopaedic Hospital
RAUK council



Dr. Athmaja Thottungal

Consultant Anaesthetist
East Kent University Hospital
ESRA and RAUK speaker



Dr. Arun Venkataraju

Consultant Anaesthetist
Basingstoke and North Hampshire Hospital



Dr. Madan Narayanan

Consultant Anaesthetist
NHS Frimley Health Foundation Trust

Course Directors

Dr. Venkat Duraiswamy
Consultant Anaesthetist
East Surrey Hospital

Dr. Aasifa Tredray
Consultant Anaesthetist
St George's Hospital

Contact Details

www.esrac.co.uk

contact@esrac.co.uk

+44 7838 727219

Scan for the ESRAC website

FUJIFILM Value from Innovation SONOSITE

B BRAUN SHARING EXPERTISE

PAJUNK Pioneering medical technology

mindray

mermaid medical